



## PRINCE COURT MEDICAL CENTRE

*for you. for life.*



Best Brands Award 2022-2023  
in Healthcare Category  
awarded by The BrandLaureate



• Medical Tourism Hospital of the Year  
• Clinical Service Initiative of the Year



• Orthopaedic Service Provider of the Year



The GOLD STANDARD In  
Healthcare Excellence by  
TIME



International  
Hospital  
of the Year  
2020



MALAYSIAN SOCIETY FOR QUALITY IN HEALTH



**Prince Court Medical Centre Sdn. Bhd.**  
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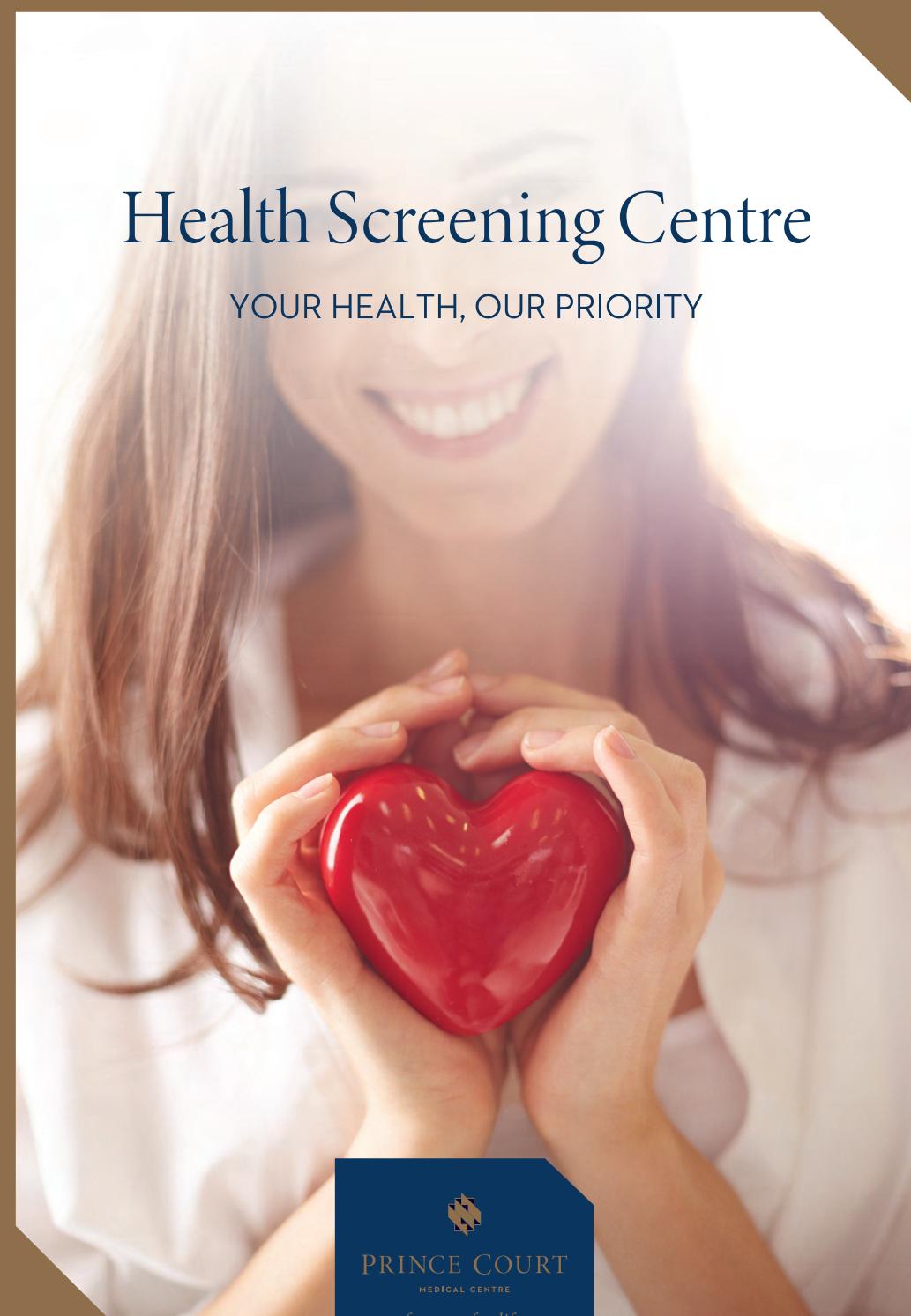


PrinceCourtMC

1500/SEPT/2023

# Health Screening Centre

YOUR HEALTH, OUR PRIORITY



# Comprehensive Health Screening Services

At Prince Court Medical Centre, our Health Screening Centre offers an extensive range of state-of-the-art and comprehensive health screening services, tailored to cater to your unique needs. With our commitment to excellence, we strive to provide you with the highest quality of care and advanced diagnostic tools, ensuring a thorough evaluation of your health. Upon completing your health screening, you will receive a personalised medical report on the same day\*, presenting a detailed analysis of your results. Our team of highly experienced clinicians will be by your side to guide you through the findings and address any questions or concerns you may have.

## WHAT TO BRING?

 National Registration Identification Card (NRIC)

 Current medications (if applicable)

 Comfortable, closed-toe shoes with non-slip soles



Work Permit/Employee Pass or Passport (for foreigners)



Loose-fitting, comfortable clothing

## PREPARATION

- Fasting: Kindly fast for 8 hours before the tests. You may drink plain water during this fasting period.
- Medications: If you have high blood pressure, you may continue taking your routine morning medicine until your blood sample is taken.
- Stress Test: If you are scheduled for a Stress Test, remember to bring along an additional change of clothes and suitable footwear for the test.
- Pap-smear: For Pap-smear, it is best to schedule the test 3 days after the last day of your menstruation.
- Time Allocation: Please allocate 3 - 4 hours for the completion of all procedures.

## OPERATING HOURS

Monday to Friday : 8.00am to 4.00pm

Saturday : 8.00am to 1.00pm

Closed on Sunday and Public Holiday

Any enquiries please contact us:  
**Health Screening 1 (Ground floor, 1c),**  
+603-2160 0888 Ext: 8883

\* Report availability and turnaround times are subject to the appointment and may vary based on the complexity of the screening and testing involved.

\* Meal vouchers will be provided after completing the health screening process.

\* One time Registration Fee of RM50 applies for new patient (RM10 for existing patient)

## ABOVE 60 YEARS

### SENIOR WELL MALE RM1150

#### ROUTINE PROCEDURES

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry

#### RADIOLOGICAL EXAMINATION

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- DEXA Scan (2 region) with report by radiologist

#### CARDIOLOGICAL ASSESSMENT

- Resting ECG

#### SPECIALISED ASSESSMENT

- NutritionScreening / assessment
- Ophthalmic screening

#### LABORATORY TEST

- Fasting glucose
- HbA1c
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid stimulating hormone
- Free Thyroxine
- Alpha fetoprotein (AFP)
- Carcinoembryonic antigen (CEA)
- Treponema Pallidum Hema-Agglutination (TPHA)
- Iron
- Full blood count
- Peripheral blood film
- Erythrocyte sedimentation rate (ESR)
- Hepatitis B screening (Surface antigen & antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping
- Urine FEME
- PSA
- VDRL

### SENIOR WELL FEMALE RM1200

#### ROUTINE PROCEDURES

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry

#### RADIOLOGICAL EXAMINATION

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- DEXA Scan (2 region) with report by radiologist
- Mammogram

#### CARDIOLOGICAL ASSESSMENT

- Resting ECG

#### SPECIALISED ASSESSMENT

- NutritionScreening / assessment
- Ophthalmic screening

#### LABORATORY TEST

- Fasting glucose
- HbA1c
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid stimulating hormone
- Free Thyroxine
- Alpha fetoprotein (AFP)
- Carcinoembryonic antigen (CEA)
- Treponema Pallidum Hema-Agglutination (TPHA)
- Iron
- Full blood count
- Peripheral blood film
- Erythrocyte sedimentation rate (ESR)
- Hepatitis B screening (Surface antigen & antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping
- Urine FEME
- VDRL

## ABOVE 50 YEARS

### SIGNATURE MALE RM1800

#### ROUTINE PROCEDURES

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry
- Body fat analysis
- Diet & wellness counselling
- Ophthalmic screening

#### RADIOLOGICAL EXAMINATION

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- DEXA Scan (3 region) with report by radiologist

#### CARDIOLOGICAL ASSESSMENT

- Resting ECG
- Exercise stress test with report by cardiologist

#### LABORATORY TEST

- |  |                                   |
|--|-----------------------------------|
| • Fasting glucose  | • Rheumatoid arthritis factor     |
| • HbA1c  | • ABO and rhesus blood grouping   |
| • Bone metabolism profile                                  | • Male hormonal profile           |
| • Uric Acid  | • Testosterone level              |
| • Renal function test                                      | • Prolactin                       |
| • Liver function test                                      | • Cortisol                        |
| • Lipid profile  | • Male tumour markers             |
| • Thyroid function test                                    | • PSA (prostate specific antigen) |
| • Urine FEME   | • CA 199                          |
| • Alpha fetoprotein (AFP)                                  | • CEA                             |
| • Full blood count   | • (carcinoembryonic antigen)      |
| • Peripheral blood film                                    |                                   |
| • Erythrocyte sedimentation rate (ESR)                     |                                   |
| • Hepatitis A antibody screening (IgG)                     |                                   |
| • Hepatitis B screening (Surface antigen & antibody)       |                                   |
| • Hepatitis C antibody screening (IgG)                     |                                   |
| • HIV screening (HIV-1 antigen & HIV-1 and HIV-2 antibody) |                                   |

### SIGNATURE FEMALE RM2050

#### ROUTINE PROCEDURES

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry
- Body fat analysis
- Diet & wellness counselling
- Ophthalmic screening
- Pap smear (liquid based cytology)

#### RADIOLOGICAL EXAMINATION

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- DEXA Scan (3 region) with report by radiologist
- Mammogram/breast ultrasound with report by radiologist

#### CARDIOLOGICAL ASSESSMENT

- Resting ECG
- Exercise stress test with report by cardiologist

#### LABORATORY TEST

- |  |                                |
|--|--------------------------------|
| • Fasting glucose  | • Full blood count             |
| • HbA1c  | • Peripheral blood film        |
| • Bone metabolism profile                                  | • Renal function test          |
| • Uric Acid  | • Liver function test          |
| • Renal function test                                      | • Thyroid function test        |
| • Liver function test                                      | • Female hormonal profile      |
| • Lipid profile  | • Follicle stimulating hormone |
| • Thyroid function test                                    | • Luteinizing hormone          |
| • Urine FEME   | • Oestradiol (E2)              |
| • Alpha fetoprotein (AFP)                                  | • Prolactin                    |
| • Full blood count   | • Cortisol                     |
| • Peripheral blood film                                    | • Female tumour markers        |
| • Erythrocyte sedimentation rate (ESR)                     | • CA 125                       |
| • Hepatitis A antibody screening (IgG)                     | • CA153                        |
| • Hepatitis B screening (Surface antigen & antibody)       | • CA 199                       |
| • Hepatitis C antibody screening (IgG)                     | • CEA                          |
| • HIV screening (HIV-1 antigen & HIV-1 and HIV-2 antibody) | • (carcinoembryonic antigen)   |
| • Rheumatoid arthritis factor                              |                                |
| • ABO and rhesus blood grouping                            |                                |

# Health Screening Packages

### ESSENTIAL MALE / FEMALE RM600

#### ROUTINE PROCEDURES

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry

#### CARDIOLOGICAL ASSESSMENT

- Resting ECG

#### RADIOLOGICAL EXAMINATION

- Chest X-ray with report by radiologist

#### LABORATORY TEST

- Fasting glucose
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid function test
- Urine FEME
- Alpha fetoprotein (AFP)
- Full blood count
- Peripheral blood film
- Hepatitis B screening (Surface antigen & antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping



## **BELow 40 years**

### **VIBRANT MALE RM900**

#### **ROUTINE PROCEDURES**

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry
- Body fat analysis

#### **RADIOLOGICAL EXAMINATION**

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist

#### **CARDIOLOGICAL ASSESSMENT**

- Resting ECG

#### **LABORATORY TEST**

- Fasting glucose
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid function test
- Urine FEME
- Alpha fetoprotein (AFP)
- Full blood count
- Peripheral blood film
- Hepatitis B screening (Surface antigen & antibody)
- Hepatitis C antibody screening (IgG)
- HIV screening (HIV-1 antigen & HIV-1 and HIV-2 antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping
- Hepatitis A antibody screening

### **VIBRANT FEMALE RM1100**

#### **ROUTINE PROCEDURES**

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry
- Body fat analysis
- Pap smear (liquid based cytology)

#### **RADIOLOGICAL EXAMINATION**

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- Ultrasound breast with report by radiologist

#### **CARDIOLOGICAL ASSESSMENT**

- Resting ECG

#### **LABORATORY TEST**

- Fasting glucose
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid function test
- Urine FEME
- Alpha fetoprotein (AFP)
- Full blood count
- Peripheral blood film
- Hepatitis B screening (Surface antigen & antibody)
- Hepatitis C antibody screening (IgG)
- HIV screening (HIV-1 antigen & HIV-1 and HIV-2 antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping
- Hepatitis A antibody screening

## **ABOVE 40 YEARS**

### **WELL MALE RM1500**

#### **ROUTINE PROCEDURES**

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry
- Body fat analysis

#### **RADIOLOGICAL EXAMINATION**

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- DEXA Scan (2 region) with report by radiologist

#### **CARDIOLOGICAL ASSESSMENT**

- Resting ECG
- Exercise stress test with report by cardiologist

#### **LABORATORY TEST**

- Fasting glucose
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid function test
- Urine FEME
- Alpha fetoprotein (AFP)
- Full blood count
- Peripheral blood film
- Erythrocyte sedimentation rate (ESR)
- Hepatitis A antibody screening (IgG)
- Hepatitis B screening (Surface antigen & antibody)
- Hepatitis C antibody screening (IgG)
- HIV screening (HIV-1 antigen & HIV-1 and HIV-2 antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping
- Male tumour markers
  - PSA (prostate specific antigen)
  - CA 199
  - CEA (carcinoembryonic antigen)

### **WELL FEMALE RM1650**

#### **ROUTINE PROCEDURES**

- Consultation & physical examination by doctor
- Explanation of screening report by doctor
- Vital signs monitoring (BP, pulse, temperature)
- Vision testing
- Pure tone audiometry
- Body fat analysis
- Pap smear (liquid based cytology)

#### **RADIOLOGICAL EXAMINATION**

- Chest X-ray with report by radiologist
- Ultrasound abdomen & pelvis with report by radiologist
- DEXA Scan (2 region) with report by radiologist
- Mammogram/breast ultrasound with report by radiologist

#### **CARDIOLOGICAL ASSESSMENT**

- Resting ECG
- Exercise stress test with report by cardiologist

#### **LABORATORY TEST**

- Fasting glucose
- Bone metabolism profile
- Uric Acid
- Renal function test
- Liver function test
- Lipid profile
- Thyroid function test
- Urine FEME
- Alpha fetoprotein (AFP)
- Full blood count
- Peripheral blood film
- Erythrocyte sedimentation rate (ESR)
- Hepatitis A antibody screening (IgG)
- Hepatitis B screening (Surface antigen & antibody)
- Hepatitis C antibody screening (IgG)
- HIV screening (HIV-1 antigen & HIV-1 and HIV-2 antibody)
- Rheumatoid arthritis factor
- ABO and rhesus blood grouping
- Female tumour markers
  - CA 125
  - CA153
  - CA 199
  - CEA (carcinoembryonic antigen)